





WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Chicken tikka	Beef burger in a soft bun	Roast turkey and stuffing	Spaghetti bolognaise	Salmon fish cake
<b>VEGETARIAN MAIN DISH</b>	Vegetable quiche	Vegetarian meatballs	Savoury Quorn mince	Macaroni cheese	Vegetable sausage
<b>ACCOMPANIMENTS</b> 	Savoury rice Sweetcorn Garden peas Salad bar	Herby potatoes Sliced carrots Baked beans Salad bar	Roast potatoes Green cabbage Cauliflower Salad bar	Spaghetti Garlic bread Carrot batons Broccoli Salad bar	Chunky chips Baked beans Garden Peas Salad bar
<b>DESSERTS</b>	Marble sponge and custard	Lemon drizzle cake	Fruit and ice cream	Fruit crumble and custard	Chocolate orange cookie
<b>FRESH FRUIT &amp; YOGHURT</b> 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
<b>JACKET POTATOES</b>	Oven Baked Jacket potatoes with various fillings	Oven Baked Jacket potatoes with various fillings	Oven Baked Jacket potatoes with various fillings	Oven Baked Jacket potatoes with various fillings	Oven Baked Jacket potatoes with various fillings



# MENU



Variety is the key to a healthy diet. try something new today!



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION