

## The Mosley Academy – Newsletter

Issue 35

[www.mosley.staffs.sch.uk](http://www.mosley.staffs.sch.uk) @MosleyAcademy

### A message for the Children

Yesterday the Government sent us the rules for how they want us to work in the next school year, and it is very exciting that they want everyone to return to school in September!

We are really looking forward to seeing you all in school again! You will still have to stay in your classroom bubbles, but at least everyone will be back.

The teachers will be organising some zoom sessions so that they can see you before the summer holidays, and Year 6 are busy working on their 'Leavers Assembly'. Your new teachers will be organising some activities before the summer **and** when we come back in September so that you can get used to your new classrooms. Try and join in with any zoom sessions you are invited to, they really are good fun!

Take care and see you soon! Mr Baxter.

### Stars of the Week

Isabella for helping us find a different route back to school on our walk!

Oliver for writing me a wonderful letter!

### Sunny Weather

Please send your child to school with a hat, suncream and water bottle every day next week. Thank you!

### End of Term

A reminder that the last day before the summer holidays is Friday 17<sup>th</sup> July.

### My Uniform Update Message

Our main priority is to ensure the safety of our customers and staff and will be implementing the following procedures:

- 2 Metre distance queues and markers in store
- Hand sanitiser available on entrance and exit
- Staff will wear masks when assisting customers
- Only 3 customers in store at any one time
- Hourly cleans and nightly deep cleans will take place

We are also still offering telephone orders, online orders, collection and home delivery.

June opening hours will be 09.30 – 16.30 Monday – Saturday. We will review these hours for July onwards and update you accordingly.

We have also put together a great bundle for back to school for £ 75.00 (up to 10 years) which includes free home delivery

3 jumpers or cardigans  
3 polo shirts  
PE T Shirt  
PE shorts  
Book bag  
PE bag  
Free water bottle

Web: [www.myuniformltd.co.uk](http://www.myuniformltd.co.uk) Email: [sales@myuniformltd.co.uk](mailto:sales@myuniformltd.co.uk)



### Routines at start/end of day

As the numbers of children coming into school have increased, please use the 'in' and 'out' gates to aid social distancing.

When crossing with Mrs Bailey please:- wait 2 metres apart on the marked areas for Mrs Bailey to cross you; and cross 2 metres **in front** of Mrs Bailey.

Also, please don't stand around outside the school gates after the children have gone in, we must keep the pavements clear. Thank you.

The children have been brilliant in following social distancing so we are trying to keep to the 2 metre rule until the end of term. Thank you for supporting this.

Reception had a fantastic Pirate Day this week!



## RESILIENCE CALENDAR: JUMP BACK JULY 2020



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**We can't control what happens to us, but we can choose how we respond**

5 Avoid saying "must" or "should" to yourself today

6 Put a problem in perspective and see the bigger picture

7 Shift your mood by doing something you really enjoy

8 Get the basics right: eat well, exercise and go to bed on time

9 Help someone in need and notice how that gives you a boost too

10 Don't be so hard on yourself. It's ok not to be ok

11 Reach out to someone you trust and share your feelings with them

12 When things go wrong, be compassionate to yourself

13 Challenge negative thoughts. Find an alternative interpretation

14 Set yourself an achievable goal and make it happen

15 Go for a walk to clear your head when you feel overwhelmed

16 When things get tough, say to yourself "this too shall pass"

17 Write your worries down and save them for a specific 'worry time'

18 Let go of the small stuff and focus on the things that matter

19 Notice something positive to come out of a difficult situation

20 Ask yourself: What's the best thing that can happen?

21 If you can't change it, change the way you think about it

22 Make a list of 3 things that you can feel hopeful about

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgemental and be kind instead

26 Get back in touch with a supportive friend and have a chat

27 Write down 3 things you're grateful for (even if today was hard)

28 Catch yourself over-reacting and take a deep breath

29 Think about what you can learn from a recent challenge

30 Ask for help from a loved one or colleague. Be specific

31 Remember that you are not alone, we all struggle at times



**ACTION FOR HAPPINESS**



actionforhappiness.org

Daily actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind



# Rules to Help Keep Us Safe

You will be learning and playing in your own bubble.  
**Bubble groups do not mix. Stay with your group.**



## Social distancing



- You must keep your distance from friends and school staff.

- Lines will help you.  
- You will have your own desk and resources.



- Only give virtual / air :

- Hugs,
- High fives.

- **Your bubble will :**

• Start at different times, and have different break and lunch times.



## Hand washing often



## Showering and new Clothes Daily



- Have its own teacher / support staff, classroom, toilet and playground space - this may not be your usual school staff or classroom.
- Eat in your own classroom